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Client Confidentiality Release Form

Due to the HIPAA regulations all doulas should have a signed release form from their clients *before* taking any notes about them or their birth or postpartum support experiences. The best way to be fully compliant would be to obtain this release signature at the first prenatal or postnatal visit, or upon first meeting and joining the client for her postpartum support.

Certification candidates should have this form signed before taking any notes. Clients should receive a copy of the form they signed, and the doula should have her copy with her to show that she is indeed complying with the HIPAA regulations if questioned. **Confidentiality of medical and personal information obtained during the course of the doula's work is of the utmost importance.** Failure to comply with these confidentiality regulations could result in penalties.

I, _____, at _____ (address),
_____ (phone#), give my permission for my doula, _____
to take notes about me, including personal information I choose to disclose to her, and information regarding the labor, birth, and the postpartum period pertaining to myself and my child. I understand that this information may be used for the purpose of doula certification or recertification and may be shared with the Birth or Postpartum Certification Committees of Doulas of North America (DONA). I also understand that this information will anonymously be used for DONA Data Collection for statistical purposes, and that my doula may use this information to provide me with a summary for my own personal use.

Signature: _____ Date: _____